Bleeding Findings

One guideline, 4 2 SRs on control of arterial punctures and on femoral vessel injuries in warfare, 57 2 RCTs on control of arterial puncture, 58, 59 11 case reports or series, 60—70 and 14 expert opinion scripts 71—84 were selected.

The effectiveness of controlling external bleeding through applying direct pressure or a compression bandage to the site of bleeding is proven by high level of evidence (LOE 1+, 4, 56, 58, 59 LOE 3, 61, 62, 65, 67, 68 LOE 4, 71—78, 80—83). There is insufficient evidence about the effectiveness of indirect pressure on pressure points and elevation (LOE 4, 72, 74—76, 80—82). Because of the possible complications, the use of a tourniquet is contraindicated for laypersons (LOE 3, 60, 63—66, 68—70, LOE 4, 57, 72, 75, 76, 79, 80, 82, 84).

[References cited in the text]